



PA Outdoor Adventure Pass & Academic Standards

Quick Reference: How Adventures Support 4th & 5th Grade Learning

For Parents & Educators

The PA Outdoor Adventure Pass connects your child's outdoor experiences to Pennsylvania's official academic standards. While your pass is first and foremost about fun and family bonding, outdoor recreation naturally supports the physical, social, and learning outcomes schools are teaching. This guide shows which standards align with pass activities—use it to deepen the learning value of each adventure.

Physical Activity & Movement Standards

These are the core PE standards for grades 4-5 in Pennsylvania.

Standard

10.4.6.A: Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health.

10.4.6.F: Identify and describe positive and negative interactions of group members in physical activities.

10.5.6.A: Explain and apply the basic movement skills and concepts to create and perform movement sequences and advanced skills..

What It Means

Kids participate in activities that build cardiovascular fitness and muscle strength.

Kids recognize how teammates communicate, cooperate, and solve problems together.

Kids develop balance, coordination, and control through varied terrain and challenges.

Pass Provider Examples

Skiing, hiking, climbing gyms, kayaking, adventure parks

Zip lines, ropes courses, adventure parks

Rock climbing, skiing, hiking on uneven ground, paddling

Other Supporting Standards

Career Readiness (13.1-13.4): Exposure to outdoor recreation professionals—ski patrol, instructors, naturalists, adventure coordinators. Meeting people doing outdoor careers plants seeds early.

Environment & Ecology (4.1, 4): Nature centers and conservation-focused providers connect kids to ecosystems and stewardship.

Make It Richer

Before a visit: "This activity builds balance and coordination. What do you think you'll need to do to stay safe?"

After a visit: "Tell me one thing your body had to do that was hard. How did you get better at it?"

Questions?

Visit paoutdooradventurepass.com or contact info@paoutdoors.org

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